[Your Full Name]

[Suburb, City]
[07X XXX XXXX] · [name@email.com]
Languages: [English, isiZulu, Sesotho, Afrikaans, etc.]

AVAILABILITY

Start date: [Immediately / 2 weeks' notice]
Preferred work: [Full-time / Part-time / Contract / Shifts]
Weekends: [Yes / No]

PROFILE

Reliable cleaner with [X] years' experience in [domestic homes / offices / retail / warehouses / clinics / schools]. Confident with daily cleaning routines, deep cleans and safe use of cleaning chemicals. Known for punctuality, careful handling of equipment and high hygiene standards. Comfortable working alone or in a team, and following checklists and supervisor instructions.

KEY SKILLS

- General cleaning: sweeping, mopping, vacuuming, dusting, polishing
- Deep cleaning: bathrooms, kitchens, grout, windows, walls, skirtings
- Hygiene and sanitation: high-touch points, colour-coded cloths, waste handling
- Chemical handling: correct dilution, reading labels, safe storage, PPE use
- Equipment: [floor scrubber / buffing machine / vacuum / mop system / pressure washer]
- Laundry and ironing: sorting, basic stain removal, folding and packing cupboards
- Site safety: working around machinery, wet-floor signage, slip hazards, reporting spills
- Quality checks: checklist-based work, attention to detail, re-cleaning when needed
- Professional conduct: respectful, trustworthy, follows access and security rules

WORK EXPERIENCE

Cleaner / Domestic Worker – [Private Household], [Area]
[Month Year] – [Month Year or Present]

- Completed a daily and weekly cleaning plan for a [X]-bedroom home: floors, bathrooms, kitchen, dusting and windows.
- Handled laundry and ironing, including careful sorting and basic stain pre-treatment.
- Used cleaning products safely (correct dilution), wore PPE when needed, and stored chemicals away from children and pets.
- Kept a neat routine and communicated clearly with the employer about priorities and time needed for deep cleans.
- Followed privacy and security expectations, including keys, alarm procedures and visitors.

Cleaner (Office / Retail / Contract) – [Company or Client Name], [City]
[Month Year] – [Month Year]

Free template from cvhub.co.za - build and share your CV for free

- Cleaned offices and common areas to a consistent standard: desks (where permitted), floors, kitchens, bathrooms, bins and entrances.
- Focused on hygiene in high-traffic areas: door handles, switches, counters, taps and shared appliances.
- Used a checklist system and finished all work within shift time without dropping quality.
- Reported maintenance issues (leaks, broken dispensers, unsafe floors) to the supervisor promptly.
- Followed security and reception processes, including sign-in, sign-out and access control.

Industrial Cleaner / Site Cleaner – [Warehouse, Factory or Contractor], [Area]
[Month Year] – [Month Year]

- Cleaned a [warehouse / factory] site, including floors, walkways, loading areas and staff facilities.
- Helped with spill response using warning signage and safe clean-up methods to reduce slip hazards.
- Operated or assisted with [floor scrubber / wet-and-dry vacuum / pressure washer] according to instructions.
- Disposed of waste correctly and kept the cleaning storeroom organised, with stock rotation and safe chemical storage.
- Followed health and safety rules and wore PPE: [gloves, mask, safety shoes, apron].

EDUCATION

Grade [10 / 11 / 12] – [School Name], [Year]

CERTIFICATES AND SHORT COURSES

- [First Aid Level 1] – [Provider], [Year]
- [Occupational Health and Safety / Safety Induction] – [Provider], [Year]
- [Cleaning chemicals / Hygiene / Infection control] – [Provider], [Year]

REFERENCES

[Name], [Role or relationship]
[Cell number] – [Best time to call]

[Name], [Role or relationship]
[Cell number] – [Best time to call]

Free template from cvhub.co.za - build and share your CV for free